

Bolivia Travel 19 Days

Day 1: La Paz Bolivia. Arrival in La Paz. In the afternoon take a trip to the “Valley of the Moon” on the city outskirts, which at sunset gives the impresión of being on another planet.

Day 2: Tihuanaco tour. We visit the ruins of the pre-Incan Tihuanaco culture (approximately 800 AD), where we can see the famous Sun Gate and the authentic Bennett monolith, recently returned to the city of La Paz after nearly 70 years. After arriving at Tihuanaco visit the museum and then take a walk around to see the Akapana pyramid, the temple of Kalasasaya, various monoliths and the underground shrine with its “nail heads”.

Day 3: La Paz - Copacabana - Island of the Sun. Early in the morning we head along the highway to the small town of Copacabana on the shores of Lake Titicaca. We take a boat into the lake to the Island of the Sun, arriving at the Imperio del Sol hotel. We enjoy the tranquility of the island and the lake, and in the evening have a traditional dinner.

Day 4: Copacabana - La Paz. After breakfast we travel by boat back to Copacabana to visit the beautiful baroque/Moorish church of the Virgin of the Candelaria and the craft market. We head back to La Paz where spend the night.

Day 5: We head from La Paz to the small town of Uyuni, on the shores of the amazing Salar de Uyuni salt lake. This is the longest trip of the tour.

Day 6: Uyuni Bolivia - Fish Island - San Juan. We visit the "Salar de Uyuni", spending most of the day there. The Salar de Uyuni is the largest salt lake in the world, almost 160 kilometers in length and 135 kilometers wide, with a salt crust between two and seven meters thick. At Colchani, on the northern edge of the lake, see where the salt is extracted and have a chance to purchase souvenirs. On the lake itself we visit a hotel that has been constructed completely from salt, and Inkahuasi (or Fish Island), a cactus-covered island in the middle of the brilliant white salt. We have a picnic lunch on the salt flat, and then head to the village of San Juan, where we stay in family homes.

Day 7: San Juan - Laguna Colorada. Our journey continues across the awe-inspiring landscape of the high plateau, past the strange eroded forms of the Stone Forest, the active Ollagüe volcano, and a variety of mountain lagoons where we can see flamingos and other wildlife. We spend the night near the “Coloured Lagoon”, at 4,300 meters.

Day 8: Laguna Colorada - Laguna Verde - Uyuni. Today we make a 5:00 am start, in order to get the best view of the geysers known as the “Morning Sun”. Later we head to the hot springs of Polque, where we have breakfast. We then continue on the Green Lagoon and White Lagoon, situated at the foot of the Licancabur volcano at 4,350 metres above sea level. The green colour is due to the high magnesium content of the area. We then return to Uyuni, having lunch on the way and passing by the “Valley of Rocks” as well as visiting the traditional villages of Villa Alota, Kulpinaka and San Cristóbal. We arrive in Uyuni at around 6:30 pm and stay the night there.

Day 9: Uyuni - Potosí. After breakfast, we head to Potosí by bus, arriving in the afternoon and checking in to our hotel.

Day 10: Potosí - Silver Mine Tour (Cerro Rico). After breakfast we take a tour to the silver mines. We visit the miners' market to see the diverse materials used by the miners, taking the opportunity to buy coca leaves, cigarettes, alcohol and dynamite to give to the miners. At the refinery we can see how the minerals are processed. In the afternoon visit the Casa de la Moneda (mint building). Without doubt, this is the the most important colonial building in South America. Its architect and constructor was Don Salvador de Vila, who had also built mints in Mexico City and Lima. Highlights include the art gallery and collections of furniture, weaving, regional costumes, stamps, coins and medals, and above all the library with its 80,000 unpublished documents

relating to life in Potosí.

Day 11: Potosí - Sucre Bolivia. After breakfast we head to the terminal to take a bus to Sucre. We arrive in Bolivia's official capital and check in to the hotel. The afternoon is free to head out and enjoy the "White City" of Sucre.

Day 12: Sucre - Dinosaur Tracks. Sucre is without doubt one of the most beautiful cities in South America. We walk through the city's charming streets, enjoying the beautiful neoclassical facades, magnificent colonial churches, and the welcome of local people. We visit the most important historic monuments such as: the 25 de Mayo plaza, the cathedral, the famous Casa de la Libertad (where the declaration of independence was signed on 6 August 1825), the museum, the lookout of La Recoleta (which has served as a convent, barracks, prison and museum), the church of San Francisco and the nearby dinosaur tracks.

Day 13: Sucre - La Paz. After breakfast we head to the airport to take a flight to La Paz, where we check into our hotel.

Day 14: La Paz - Rurrenabque. We take a flight from La Paz to the jungle city of Rurrenabque, where we can enjoy the warm climate and the welcoming atmosphere.

Day 15: Pampas Tour Bolivia. We leave Rurrenabque at 9:00 am to head towards Santa Rosa de Yacuma in a 4WD vehicle. It's approximately 4 hours before we arrive at the port of Yacuma, seeing various animal and bird species on the way. At the port make our first camp, and have lunch and a rest. We travel for 3 hours along the river, having a chance to take photos and see the diverse flora and fauna of the area (alligators, monkeys, capybaras, and many birds) until we arrive at a campsite completely protected from mosquitos. We have dinner, enjoying the natural ambience of the jungle pampa. After dinner, we head out for a 30-minute boat trip where flashlights illuminate the eyes of alligators and other animals. Spend the night back in camp.

Day 16: Pampas Tour. At 7:00 am we have breakfast and then head out to search for the famous anaconda and spot different birds and animals, accompanied by a knowledgeable guide. We walk for around 4 to 5 hours and then return to camp for lunch and a siesta. Later we head to a special spot where we can see pink dolphins, and have the chance to take photos and swim in the river for around an hour. Then try fishing for piranhas and with luck can take some of these delicious fish back to cook at camp. Another night at the camp site.

Day 17: Pampas Tour - Rurrenabque. This is the last day of the pampas tour: we get up around 5:30 am to see the sunrise and listen to the cries of the birds and monkeys. Later we head to the river to see if we can spot some sloths. At 11:30 am we return to camp to have lunch, and then pack our bags and head back to the port of Yacuma to drive in the jeep back to Rurrenabque, where we arrive around 5:00 pm. Check in to the hotel and spend the night there.

Day 18: Rurrenabque - La Paz. After breakfast we head to the airport to take a flight back to La Paz, where we spend the night.

Day 19: Internacional flights return from La Paz. Hope you've had a great time and an unforgettable experience!

Included in Price

- All hotels with breakfast accommodation is generally in double.
- All internal flights, including taxes.
- All transfers (e.g. airport-hotel) and all land transport during the tour.
- All entries to national parks, churches, convents, museums, cathedrals, ruins, walking trails and other attractions in the programme.
- A bilingual tour guide who travels the whole trip - with an in-depth knowledge of the geography, history and culture of the route.
- All local guides for sites and treks included in the programme.

Not Included in Price

- International return ticket to from Lima.
- Excursions or tickets not in the programme snacks and mineral water entry to discotheques, alcoholic drinks.
- Food and Drink

There is continental breakfast every day of the tour, which the guide sometimes supplements with extra food. There are approximately 3 lunches and / or dinners of traditional food included in the programme, including all meals while trekking. Other lunches and dinners are not included; allow \$5-10 per day for food and entertainment.

Physical Requirements

This tour involves plenty of exercise, including some vigorous walking above 2500metres and is intended for those with a basic level of physical fitness. Parts of the tour take place between 2500 and 4500 metres, but always ascend gradually, giving time to acclimatise. Those with pre-existing medical conditions should consult their doctor before coming.

What to Bring

Plenty of warm clothing, strong shoes or boots for walking, backpack, sunscreen and hat, insect repellent, flashlight and batteries, camera.